Central Area Council

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Central, Dodworth, Kingstone, Stairfoot, Worsbrough

Performance Management Report Quarter 1: April – June 2022



Central Area Council - Priorities, Principles and links to Corporate Outcomes 2022 - 2023



Reduction in loneliness and isolation in adults & older people



Improvement in the emotional resilience & wellbeing of children and young people



Creating a cleaner & greener environment in partnership with local people



Supporting Vulnerable People

Ensuring the following principles are promoted and embedded in all that we do:



Contributing to the following Corporate Priorities and Outcomes:

Barnsley - the place of possibilities

Healthy	Learning	Growing	Sustainable
Barnsley	Barnsley	Barnsley	Barnsley
People are safe and feel safe	People have the opportunities	Business start ups and	People live in great places,
	for lifelong learning and	exisiting local businesses are	are recycling more and
	developing new skills	supported to grow and attact	wasting less, feel connected
	including access to	new investment, providing	and valued in their
	apprenticeships	opportunties	community.
People live independently with good physical and mental health for as long as possible	Children and young people achieve the best outcomes through improved educational achievement and attainment	People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture	Our heritage and green spaces are promoted for all people to enjoy
We have reduced inequalities in health and income across the borough	People have access to early help and support	People are supported to have safe, warm sustainable homes	Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking



We are a modern, inclusive, efficient, productive and high-performing council

Central Area Council Central, Dodworth, Kingstone, Stairfoot, Worsbrough

Contractual Overview

Providers appointed to deliver a series of services that address the priorities and deliver the outcomes and social value objectives for the Central Area Council.

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Service	Priority	Provider	Contract Value (this year)	Contract Dates	Grant / Commission
Advice Drop In			£23,175.00	July 2019 - June 2021 (extended to December '22)	Central Wellbeing Fund
My Community, My Life		Barnsley age UK	£39,936.76	1 April 2021 - 31 March 2023	Social Isolation Challenge Fund
Thriving Communities		for better mental health	£39,432.57	1 April 2021 - 31 March 2023	Social Isolation Challenge Fund
Reds Connects			£14,601.48	1 April 2021 - 31 March 2023	Social Isolation Challenge Fund
Unity Project		YMCA	£140,330.00	1 April 2020 - 31 March 2023	Central Area Council Commissioned
Detached Youth Work	$\overline{\mathbf{O}}$		£9,7000.50	1 July 2022 - 30 June 2024	Youth Work Fund
Street Smart	(UTHE YOUTH growing yorkshire's future	£39,000.00	1 July 2022 - 30 June 2024	Youth Work Fund
Clean and Green		TWIGGS	£110,000.00	1 April 2022 - 31 March 2025	Central Area Council Commissioned
Targeted Household Fly - tipping Service		*	£35,000.00	1 April 2022 - 31 March 2025	Service Level Agreement -
Private Rented Housing Support Service		BARNSLEY Metropolitan Borough Council	£35,000.00	1 April 2022 - 31 March 2025	CAC Commissioned
Welfare Rights and Legal Advice Service		citizens advice Barnsley	£30,000.00	January 2021 extended to March 2023	Financial Resilience Grant Fund
Hope House Connects		HOPE THE CONNECTS	£3,605.00	1 July 2020 - 31 May 2022	Central Wellbeing Fund
Peri-natal Support Service		family f lives		1 April 2019 - 31 March 2022	Central Area Council Commissioned

Central Area Council Central, Dodworth, Kingstone, Stairfoot, Worsbrough

DIAL ADVICE DROP-IN SERVICE

The project primarily targets residents with long term health conditions, out of work residents, carers and families who all have been affected by Covid - 19, welfare benefit changes to eligibility criteria and processes. ----- >>>>



Q1 Delivery Highlights

£999,852

Unclaimed Benefits regenerated since July 2021

Reduction in Ioneliness and isolation in adults & older people

*In person sessions have restarted but attendance is still lower than pre – pandemic with residents still preferring the telephone service.

£32

For every £1 invested by CAC generated for the local economy

Residents received safe and well checks

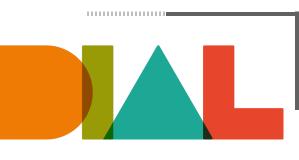
77%

Reported reduction in anxiety & improved wellbeing

73%

Reported feeling more confident & having an improved outlook

DIAL	2022/23 Qtr. 1 Target	2022/23 Qtr. 1 Actual
Number of community sessions delivered	40	13
Number of people attending advice sessions	144	53
Residents received telephone advice		247
No of individuals accessing alternative provision* (Covid – 19)		307
Outcome Indicators		
% of outgoing referrals relating to 5 ways to wellbeing	10%	12%
No. of new people volunteering		2
No. of volunteer hours		114
% local spend		94%



01/07/2019 - 31/12/2022

Healthy Barnsley

- People are safe and feel safe
- People live independently with good physical and mental health for as long as possible
- We have reduced inequalities in health and income across the borough

Learning Barnsley

 People have access to early help and support

Sustainable Barnsley

 People live in great places, are recycling more and wasting less, feel connected and valued in their community.

Growing Barnsley

 People are supported to have safe, warm sustainable homes

	By Ward Apr-Jun 2022
Central	84
Dodworth	28
Kingstone	31
Stairfoot	66
Worsbrough	103



AGE UK MY COMMUNITY, **MY LIFE**

The first element of this service addresses individual social isolation through 1:1 work with the Social Inclusion Team and Information and Advice Service. The second is the development of new group activities and support for existing groups

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Q1 Delivery Highlights



Reduction in loneliness and isolation in adults & older people

£39,773.05

Benefit gains following information and guidance

158

Volunteer hours

85

Socially isolated older people on personalised plans

942

Central Area residents attending activities

AGE UK	2022/23 Qtr. 1 Actual
Number of existing volunteers	8
Existing Community Groups supported	3
Number of Consultation/Coproduction events/meetings	1
Number of Celebration, Information and Age/ Dementia Friendly Events	1
External Funding to Service	£13,722
Percentage of Area Council expenditure local to Barnsley	99%



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01/04/2021 - 31/03/2023

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Main activities include Coffee & Conversation, Shaw Lane Bowls Group, Ebenezer Coffee Morning, Social inclusion one to ones and Community Allotment project.

Added value projects that brought in external funding to the central area this quarter: Men-in-Sheds (£6500), BOPPAA, Heart Health (£1041), Digital project (£1181), Maintenance Cognitive Stimulation Therapy (£5000)



THRIVING COMMUNITIES

The Thriving Communities Project aims to develop community initiatives across identified area boroughs enabling diverse, marginalised, and isolated communities to come together to learn, collaborate and create networks of support. They work with hard-toreach individuals who self-identify as feeling isolated and lonely. They champion the Central Area Council Priorities and measure our effectiveness against these.

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Q1 PROJECT Delivery



Reduction in loneliness and isolation in adults & older people

In Qtr. 1 the new activities were added in an effort to diversify and attract more people to the service. They also continued working in partnership with Hope House, The Recovery College, Oakwell Training, Endorphins and supported Humankind and Making Space Mindfulness workshops

2

112

Volunteers Hours

66

One-to-One Sessions Delivered

70 Group attendance

£1,900

Added Value (incl. cash and resource donations)

Rotherham and Barnsley Mind	2022/23 Qtr. 1 Target	2022/23 Qtr. 1 Actual
Isolation workshops	1	1
CBT groups	1	1
ECO workshops	1	1
Events to promote project	1	1



SOCIAL ISOLATION CHALLENGE FUND

ROTHERHAM & BARNSLEY MIND

CONTRACT Date 01/04/2021 - 31/03/2023

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REDS CONNECT



Reds Connect creates opportunities for local people in the Central Area to engage, participate and connect. It helps to address social isolation and loneliness, engender new relationships and enable local people to get (and stay) active.

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🔀 Q1 PROJECT Delivery



& older people

Football / Walking Football Attendees per session

45

Exercise Class Attendees per session

Walking Group Attendees per session

Sporting Memories Attendees per session

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- Children and young people achieve the best outcomes through improved educational achievement and attainment.
- People have access to early help and support.

The service delivers four day-time sessions per week, Sporting Memories, Walking Football, Walking Group and Exercise Sessions. All programmes consist of regular consultation with participants to ensure their needs are being met, with

opportunities for them to feedback and provide recommendations.

01/04/2021 - 31/03/2023

Participant feedback Participant A

Reds Connect has been a life line for me. Joining the exercise group helped me with my weight loss being my greatest achievement I feel a million times better and fitter also helped with my mental and physical health. I look forward to going every week meeting new friends, motivating me to get out of the house. I am sure with Sean's excellent exercise plans and his support I will be able to reach my goal for my target weight. Sporting Memories is a lovely group with lots of conversation, fun and laughter is an eye opener how people come and just relax and forget their woes for an hour or two. Sean makes it a wonderful group.

Participant B

I feel I'm still catching up after a nationwide very difficult & challenging two years. Returning to the Reds Connect weekly walks & high standard of exercise has helped me enormously both physically & mentally. To be with friends again in convivial groups gave me that sense of belonging I missed so much. Gave me a sense of purpose. An entry in my diary I looked forward to. I feel a lot fitter & lost weight with a bit more to go through, but with Sean's unfaltering good humour and support I know I will achieve my goals. Attending Sporting Memories has been humbling and very satisfying too. I've enjoyed the gentle banter and fun and laughter despite the condition folks are having to coping with. These meetings are so important in our Community



YMCA UNITY PROJECT

Central Area Council commissioned YMCA Barnsley to deliver a programme of youth work for children and young people aged 8-14 years within the Central Area. The project focusses on building emotional resilience and developing the skills and tools to encourage, maintain positive emotional health, wellbeing, and support, and prepare them for life's transitions. ----- >>>

YMCA BARNSLEY

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YMCA UNITY PROJECT

Building emotional resilience and wellbeing in children and young people aged 8-14 years



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- People have the opportunities for lifelong learning and developing new skills including access to apprenticeships.
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Growing Barnsley

People have a welcoming, safe and enjoyable town centre and principal towns as destinations for work, shopping, leisure and culture.

Sustainable Barnsley

People live in great places, are recycling more and wasting less, feel connected and valued in their community.

Q1 PROJECT Delivery

01/04/2020 - 31/03/2023

Specific programme of activities delivered in this quarter

- Twilight and evening youth work sessions at YMCA Barnsley, Kendray and Worsbrough Family Centre and Dodworth St Johns Church
- Primary after school programmes in The Forest Academy, Queens Road, Ward Green, Keresforth, & Joseph Lock Primary schools.
- Secondary School (Horizon) Community College) ACE (Arts, Crafts & Enterprise) After School Club and Barnsley Academy, After School Club.
- May Spring Bank holiday provision
- 'What Matters to me Now' Exhibition @ Lightbox
- Duke of Edinburgh volunteering & Peer Supporters
- Strategic Youth Delivery projects with @H.O.M.E (Young People's Health & Wellbeing Hub) and other youth work partners.
- Project with The Association for Young People's Health (AYPH) to produce a Health Inequalities Resource Pack
- Festival of the Minds Art Workshops - Sheffield University

Central Area Council Central, Dodworth, Kingstone, Stairfoot, Worsbrough

Holiday Provision Sessions Delivered

114

Term Time Sessions Delivered

1677

Total attendances



Peer Support Sessions



Community organisations/partners supported



YMCA DETACHED YOUTH WORK

Dodworth & Gilroyd

Central Area Council funded YMCA Barnsley to deliver a programme of youth work for young people aged 13+ years within the Central Council Area, focussed on the development of social and life skills and strengthening emotional resilience, in preparation for a happy, healthy and independent adulthood



Q1 PROJECT Delivery



Improvement in the emotional resilience & wellbeing of children and young people



Term Time Sessions Delivered



Attendees

108

Youth Work Opportunites

8

New attendees

Holiday Sessions Delivered This programme compliments and builds on YMCA Barnsley's existing provision for children and young people in the area and provides a diverse range of evidenced, localitybased experiences and opportunities to increase confidence, self-esteem and aspirations and support young people as they move through their life transitions.

YMCA BARNSLEY

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YOUTH WORK FUND YMCA BARNSLEY CONTRACT Date 01/06/2019 – 30/06/2022

Case Study: Jak (Anonymised)

Jak has been familiar to our wider schools provision for a while, recently we have met with him on a number of occasions on the streets of Gilroyd.

Jak has spoken to our team about the bullying he witnesses in and out of school and reports that he himself has been the victim of bullying in the past. He is a very articulate young man and can hold conversation with his peer group well.

Together with our team, Jak and some of his peers have explored the subject of bullying, the makeup of a bully and why they display this behaviour.

On observing Jak on other occasions away from the close group discussions, he has in our team's opinion displayed behaviour that he has suggested he is strongly against. Being the articulate young man that he is, quite assertive in some ways, and someone who emerges as a natural leader within a group of young people playing football for example, can all be valuable qualities, however our team have witnessed Jak use his skills in order to simply get his own way, seemingly in the knowledge that his peers will not challenge his assumed authority.

Whilst speaking with Jak and his peers about the issues of bullying, one conversation led to reflecting on our own behaviour and sharing with the group moments when our behaviour might have had a negative impact on our peers. Jak shared some of his experiences of bullying, however our team's subtle approach on this occasion and on reflection was perhaps a little too subtle. Whilst one or two members of the group considered some of their behaviour in the past, Jak didn't quite go that far. Perhaps a more direct approach to the subject is required?

Our team will continue to explore bullying and behaviour with this group as and when appropriate. The hope being that Jak will eventually identify some of his traits and behaviour as potentially a positive thing, but perhaps need channelling differently. Our team will continue to support this group and in particular Jak in the hope that a positive role model and natural group leader emerges.

Central Area Council Central, Dodworth, Kingstone, Stairfoot, Worsbrough

YOUTH ASSOCIATION STREET SMART

StreetSmart is a scheme that improves skills, attitudes, and prospects by taking training and certification to street level. The project involves delivering street-based workshops, supplemented by sports, social action, and other initiatives. Youth workers deliver specific StreetSmart topics relevant to the needs of young people across the wards.

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Different young people attended 3+ sessions

18

Young people reported on a skill developed

72

Young people taking part in StreetSmart curriculum workshops

42

Sessions delivered Improvement in the

emotional resilience & wellbeing of children and young people

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YOUTH WORK FUND

YOUTH ASSOCIATION

CONTRACT Date 01/06/2019 – 30/06/2022

🕎 Q1 PROJECT Delivery

Area Highlights: Kingstone

'Inbetweeners' event with Chilypep and other provision

 across Barnsley
Weekly sporting and Streetsmart sessions

Stairfoot

 Collaboration with 'Who is your neighbour' – outdoor cooking and Streetsmart sessions

Central

Reconnaissance work

Worsbrough

- Weekly Streetsmart sessions continue
- Caged Steel self-defence techniques sessions
- Reconnaissance work in Bank End



BMBC SERVICE LEVEL AGREEMENT

PRIVATE RENTAL HOUSING SUPPORT SERVICE & TARGETTED HOUSEHOLD FLYTIPPING SERIVCE



"Pin on the map"

Side waste investigations

Fly tipping and duty of care cases dealt with

Written warning letters issued to individuals



New tenant households identified

New tenant household initial contact/visits successfully made

Households requiring intervention

Households directly supported with responsible waste disposal/recycling



Households requiring contact with letting agency/landlord

The Housing and Cohesion Officer, HCO, advises and supports tenants living in privately rented properties on a range of issues such as debt issues and waste management; and the Community Safety Officer, CSO, handles jobs including side waste, waste in alleyways and fly-tipping/duty of care jobs. The service also gives advice to landlords, letting agents and tenants/residents.

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Q1 PROJECT Delivery

There was an increase in properties that needed intervention from the previous quarter as officers noticed an increase of both housing inspections and environmental crime and blight (fly tipping and waste in gardens). The majority of the work consisted of a telephone conversation/visit, email, warning letter/advisory letter for required works following an inspection.

A workshop was held with members and responsible officers to consider locations of concern and priority areas the officers will be focusing on. Members had the opportunity to talk to delivery officers on issues they are facing and explore future potential projects.



01/11/2019 - 31/03/2022

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TWIGGS CLEAN AND GREEN

Grounds Maintenance Ltd

TWIGGS

Twiggs Grounds Maintenance are commissioned by CAC to deliver a Clean and Green Service in partnership with local residents, community groups and businesses.

KEY FIGURES

New volunteers engaged

422

Volunteers engaged

75

Interventions with groups (new and existing)

850

Volunteer hours undertaken

Provider led social action interventions/added value

New/Emerging community groups supported

107

Volunteering opportunities taken up

Collaboration with partners



greener environment in partnership with local people

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01/04/2022 - 31/03/2025



Q1 PROJECT Delivery

In the first quarter, the Twiggs team have continued to work with and around the community doing various projects. Thev have achieved milestones, met outcome indicator targets and met social value targets.

CASE **STUDIES** (full reports available from the area team)

- Central: Dearne Valley Country Park carried fantastic work out bv Barnsley Bettalives. Employability Group and Barnsley Canal Group in DVCP
- Dodworth: Mel's Snack Cabin -Supported the local business to maintain а clean and tidy environment, trimming hedges, strimming grass and clearing litter
- Kingstone: Helpful heathens Raley Street allotments reinstatement and redevelopment activities
- Stairfoot: Tesco plant donations prepared and planted with Barnsley Main Heritage Group and Helpful heathens
- Worsbrough: Worsbrough Tidy group development maintenance and activities at the 'secret garden'.



CENTRAL AREA ADVICE PROJECT

This service provides advice to clients on claiming benefits and managing debt. Following Government (COVID-19) guidelines on Tuesday 17th March 2020 all Citizens Advice Barnsley face to face contact with clients was suspended. From this date all Citizens Advice services were transferred to **Adviceline telephone and Email services**. Clients can currently access the service through the telephone Adviceline or by digital means. (Email, Webchat or Video Appointment).

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KEY FIGURES



Client contacts this quarter

£4,084

Worth of debt managed this quarter



Worth of benefits claimed this quarter



Client contacts since the start of the project

£352,655 [°]

Worth of benefits claimed since the start of the project

£201,451

Worth of debt managed since the start of the project



Supporting Vulnerable People



The top 3 enquiries this quarter (Apr to Jun 22) were Benefits, Charitable Support & Foodbanks and Housing. However, there were still high levels of enquiries relating to Consumer issues, Debt and Immigration.

Of the 227 client contacts this quarter, 74 were from **Central** ward, 37 were from **Dodworth** ward , 54 were from **Kingstone** ward, 35 were from **Stairfoot** ward and 27 were from **Worsbrough** ward.

citizens advice Barnsley

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FINANCIAL RESILIENCE FUNDING (GRANT)

CITIZENS ADVICE BARNSLEY

CONTRACT Date 01/01/2021 – 31/03/2023

Healthy Barnsley

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HOPE HOUSE CONNECTS CHEECKY MONKEYS & LITTLE CHIMPS

Hope House Connects supports two existing groups, Cheeky Monkeys Toddler Group and Little Chimps Baby Group – supporting vulnerable families and reducing isolation in adults. They also support Time for me (a group for moms only) and a Food and fuel fund

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Final Quarter PROJECT Delivery





CENTRAL WELLBEING FUND

HOPE HOUSE CHURCH

CONTRACT Date 01/07/2019 - 31/06/2022

KEY FIGURES

	Year 1	Year 2	Year 3	Total
New groups started	1	2	1	4
Sessions delivered	64	42	113	221
New Volunteers	3	1	2	6
Volunteer hours	52	40	89	181
New families	58 (children registered across provision)	40 (new families)	32 (new families)	72 (new families)
Referrals/sign-postings	8	17	27	52

Learning Barnsley

- Children and young people achieve the best outcomes through improved educational achievement and attainment.
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Year Two and Three were impacted by the pandemic and Hope Connects adapted how they remained in contact with the registered families. Upon reopening, initially under restrictions, the number of new families registered attending on a regular basis continued to increase as did the amount of signposting and referrals. The new afternoon group continued to be a success after restrictions were lifted and there was a growth in numbers attending the session.

Hope Connects would like to thank the Central Area council for their funding and continuous support over the past three years. Without this we do not believe we could have had a positive impact on the life of so many families, particularly during the pandemic and the road to recovery after it. We look forward to developing new ways of partnership with you in the future.





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